



Course: understanding psychiatric medications: what every therapist should know

Address:

<https://asadis.net/en/course/understanding-psychiatric-medications-what-every-therapist-should-know/>

Duration: 3h

Type of course: Continuing education

Location: Online course

Individual price: \$120.00

Overview:

Learning objectives:

1. Explain the appropriate role of mental health professionals in the treatment of clients receiving both psychotherapy and psychotropic medications.
2. Describe the neurotransmitter systems and neuroanatomy underlying common mental disorders and the mechanisms of action of major classes of psychiatric medications covered during the training.
3. Identify the major classes of psychotropic medications used to treat depression, anxiety, bipolar disorder, ADHD, psychosis, and insomnia, including their primary indications and common adverse effects.

Learning material:

A theoretical course illustrated with clinical examples. This course consists of videos of 5 to 15 minutes each. The course PowerPoint is available for download.

Audience: This course is intended for all mental health professionals.

The expert

Dr. Kenneth Carter is Charles Howard Candler Professor of Psychology at Oxford College of Emory University and the founding director of the Emory University Center for Public Scholarship and Engagement. He served as the interim dean of Oxford College from 2022-2023. A graduate of Oxford College and Emory University, Carter received an MA and PhD in psychology from the University of Michigan. After completion of

his doctoral work, he also earned an MS in psychopharmacology from Fairleigh Dickinson University and gained board certification as a clinical psychologist. He is the author of several textbooks including *Psychopathology: Understanding Psychological Disorders* (Cambridge University Press) and the forthcoming *Living Psychology* (SAGE Publications). He has published in both academic and lay publications, translating psychology research into engaging everyday language. His articles have been published in magazines such as *Psychology Today* and *Women's Health*, and he has appeared on news programs such as *CNN Tonight*, *NPR's: ShortWave*, *All Things Considered*, and *NBC's Today show*. The psychology of thrill-seeking is the current focus of Dr. Carter's research. He has delivered TEDx talk on thrill-seekers and is the host of *Mind of a Motorhead* an NBC Sports web series that examines the personalities of motorsport athletes. His most recent book is *Buzz!: Inside the Minds of Thrill-Seekers, Daredevils, and Adrenaline Junkies* (Cambridge University Press). When not teaching, speaking, or writing, Dr. Carter prefers reading and relaxing on the beach rather than wingsuit flying or BASE jumping.

Syllabus

PowerPoint

Introduction

Introduction and Professional Foundations

The Therapist's Role in Medication Conversations

Why Therapists Need Psychopharmacology Knowledge

Helping Clients with Expectations and Side Effects

Monitoring and Advocacy

Practice Guidelines and Informed Consent Process

Particular Issues That Necessitate Consultation with a Prescriber

Neuroscience Foundations

Basic Neurobiology for Clinicians

Pharmacology Concepts Relevant to Practice

Antidepressant Medications

Focus Concepts

Neurobiology of Depression

Selective Serotonin Reuptake Inhibitors (SSRIs)

Differences Among SSRIs

Newer Serotonergic Agents

Serotonin Norepinephrine Reuptake Inhibitors (SNRIs)

Other Antidepressants

Medications Across Conditions

Anxiety Disorders, Symptom Dimensions, and SSRIs

Benzodiazepines and Other Anxiety Medications

Bipolar Disorder

ADHD Medications

Drug Delivery Systems

Psychosis

Insomnia

Conclusion

Evaluation:

To validate the achievement of the learning objectives, a final evaluation in the form of true/false questions is required. It must be completed in order to obtain the certificate of completion.

In addition, an optional self-assessment is offered at the beginning and end of the course, allowing you to measure your progress on the targeted skills.

These evaluations are not graded and are intended primarily to support your professional reflection.

Access timeline: Once registration is confirmed, you (or the learner) may start the training at any time, independently and at your own pace. You can access the training for as long as Asadis as the legal right to diffuse it (typically 10 years).

Questions? Feel free to contact us at contact@asadis.net