Course: effective strategies for therapeutic success in clients with borderline, narcissistic and antisocial personality disorders

Address: https://asadis.net/en/course/strategies-treatement-borderline-narcissistic-antisocial-disorders/

Duration: 3h

Type of course: Continuing education

Location: Online course

Individual price: $120.00

Overview:
We can all think of clients that have challenged our skills and professional efficacy. More often than not, these clients tended to fall along the personality disorder spectrum, specifically the antisocial, narcissistic, or borderline spectrum.

In this presentation, the renowned Dr. Fox will break down these pathologies into workable constructs to help you achieve therapeutic gains and success with ease and clarity of mind.

You will learn to:

• Assess severity and select interventions matched to treatment stage
• Distinguish surface structure from core pathology using validated frameworks
• Implement safety protocols for managing violence risk and suicidal presentations
• Apply motivator-based strategies tailored to individual pathology drivers
• Recognize critical subtypes including covert narcissism and psychopathy markers
• Address impulsivity, interpersonal dysfunction, and affective dysregulation systematically

You will examine the affective-impulsive continuum that organizes borderline, narcissistic, antisocial, and histrionic presentations. This dimensional approach will clarify why certain clients respond to specific interventions while others require modified protocols. You will apply concrete techniques for managing

countertransference, resisting manipulation, and maintaining therapeutic boundaries under pressure.

The course integrates clinical case examples, neuroscience findings on psychopathy and callous-unemotional traits, and gender-informed assessment considerations.

You will leave with a clinical toolkit that translates complex personality pathology into workable treatment targets. These evidence-based strategies will strengthen your capacity to produce therapeutic change with clients who have previously plateaued or deteriorated in treatment. You will gain clarity on prognosis indicators, helping you set realistic expectations while maximizing intervention effectiveness across the personality disorder spectrum.

Learning objectives:

1. Identify and manage critical factors associated with the stage of treatment for clients with antisocial, narcissistic, and borderline pathology.
2. Identify and counter maladaptive patterns that often disrupt your clients' lives and thwart successful treatment.
3. Apply evidence-based treatment modalities in your practice and produce therapeutic change.
4. Implement techniques to address surface and core maladaptive patterns in your clients and perpetuation of success strategies for your clients.

Learning material:

A theoretical course illustrated with clinical examples. This course is composed of videos of 5 to 15 minutes each. The PowerPoint of the course to download.

Audience: This training is intended for mental health professionals.

The expert

Dr. Daniel J. Fox is a licensed psychologist specializing in personality disorder assessment and treatment for over 20 years across state and federal prison systems, university settings, and private practice. His clinical expertise encompasses the full spectrum of Cluster B pathology, with particular focus on complex cases involving antisocial, borderline, narcissistic, and histrionic presentations.

Dr. Fox is an internationally recognized expert in forensic psychology and personality disorders, having worked extensively with high-risk populations including psychopathic offenders and individuals with severe personality pathology. His clinical practice integrates dimensional assessment approaches, neuroscience research on callous-unemotional traits, and evidence-based interventions tailored to core pathology drivers.

As an author, Dr. Fox has published multiple award-winning clinical resources including The Clinician's Guide to Diagnosis and Treatment of Personality Disorders, the Antisocial, Borderline, Narcissistic and Histrionic Workbook, the Narcissistic Personality Disorder Toolbox, and The Borderline Personality Disorder Workbook. His publications translate complex personality pathology into practical treatment protocols for clinicians.

Dr. Fox has taught and supervised graduate students for over two decades at West Virginia University, Texas

A&M University, University of Houston, Sam Houston State University, and Florida State University. He currently serves as a staff psychologist in the federal prison system, Adjunct Professor at the University of Houston, and maintains a private practice specializing in complex psychopathology and personality disorders. He delivers professional training internationally on personality disorder treatment, violence risk management, therapeutic boundaries, countertransference with manipulative clients, and ethical practice with challenging populations.

Syllabus

PowerPoint

Introduction to Personality Disorders

Introduction

The structure of PDs

Affective Impulsivity and Antisocial Personality Disorder: Strategies for Improvement

Affective Impulsive Continuum

APD- effective approach to working toward improvement

Managing, avoiding in-session violence and threats

Treatment strategies for mild to moderate individual with antisocial PD

Sociopathy

Psychopathy

Navigating Narcissism

Narcissistic PD- mild to extreme

Narcissistic PD and gender

Covert-Vulnerable narcissism

Overt narcissism

NPD Symptom expression

NPD Personality Structure

Defense mechanisms

Understanding Borderline Personality Disorder

Borderline PD- part 1

Borderline PD- part 2

Borderline PD and gender

BPD Symptom expression

The shame spiral

Motivating factors of BPD

Challenges and defense mechanisms

What happens next

Conclusion

Evaluation:

To validate the achievement of the learning objectives, a final evaluation in the form of true/false questions is required. It must be completed in order to obtain the certificate of completion.

In addition, an optional self-assessment is offered at the beginning and end of the course, allowing you to

measure your progress on the targeted skills.
These evaluations are not graded and are intended primarily to support your professional reflection.

Access timeline: Once registration is confirmed, you (or the learner) may start the training at any time, independently and at your own pace. You can access the training for as long as Asadis as the legal right to diffuse it (typically 10 years).

Questions? Feel free to contact us at *contact@asadis.net*