



## **Course: effective strategies for therapeutic success in clients with borderline, narcissistic and antisocial personality disorders**

**Address:** <https://asadis.net/en/course/strategies-treatment-borderline-narcissistic-antisocial-disorders/>

**Duration:** 3h

**Type of course:** continuing education

**Location:** online course

**Individual price:** \$120.00

### **Overview:**

NWe can all think of clients that have challenged our skills and professional efficacy. More often than not, these clients tended to fall along the personality disorder spectrum, specifically the antisocial, narcissistic, or borderline spectrum.

In this presentation, Dr. Fox will break down these pathologies into workable constructs to help you achieve therapeutic gains and success with ease and clarity of mind.

He will explain:

- How to identify and manage critical factors associated with the stage of treatment;
- How to counter maladaptive patterns disrupts your clients' lives and impedes successful treatment;
- How to apply evidence-based treatment modalities and assess therapeutic change;
- How to address surface and core maladaptive patterns.

This course is designed as a practical toolkit with concrete strategies and case studies to inspire and bolster your clinical work.

**Learning objectives:**

1. Identify and manage critical factors associated with the stage of treatment for clients with antisocial, narcissistic, and borderline pathology.
2. Identify and counter maladaptive patterns that often disrupt your clients' lives and thwart successful treatment.
3. Apply evidence-based treatment modalities in your practice and produce therapeutic change.
4. Implement techniques to address surface and core maladaptive patterns in your clients and perpetuation of success strategies for your clients.

**Learning material:**

A theoretical course illustrated with clinical examples. This course is composed of videos of 5 to 15 minutes each. The PowerPoint of the course to download.

**Audience:** This training is intended for mental health professionals.

**The expert, Dr. Daniel J.Fox**

Dr. Daniel J. Fox, Ph.D., is a licensed psychologist in Texas, international speaker, and multiple-award winning author. He has been specializing in the treatment and assessment of individuals with personality disorders for over 20 years in the state and federal prison system, universities, and in private practice. His specialty areas include personality disorders, ethics, burnout prevention, and emotional intelligence. He has published several articles in these areas and is the author of *The Clinician's Guide to Diagnosis and Treatment of Personality Disorders*, the award winning *Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders*, the award winning *Narcissistic Personality Disorder Toolbox*, the bestselling *The Borderline Personality Disorder Workbook*, and *Complex Borderline Personality Disorder: How Coexisting Conditions Affect Your BPD and How You Can Gain Emotional Balance*.

Dr. Fox has been teaching and supervising students for over 20 years at various universities across the United States, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He is currently a staff psychologist in the federal prison system, Adjunct Professor at University of Houston, as well as maintaining a private practice that specializes in the assessment and treatment of individuals with complex psychopathology and personality disorders. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, treatment solutions for treating clients along the antisocial, borderline, narcissistic, and histrionic personality spectrum, emotional intelligence, and managing mental health within the prison system.

**Syllabus**

PowerPoint

Introduction to Personality Disorders

Introduction

The structure of PDs

## Affective Impulsivity and Antisocial Personality Disorder: Strategies for Improvement

Affective Impulsive Continuum

APD- effective approach to working toward improvement

Managing, avoiding in-session violence and threats

Treatment strategies for mild to moderate individual with antisocial PD

Sociopathy

Psychopathy

### Navigating Narcissism

Narcissistic PD- mild to extreme

Narcissistic PD and gender

Covert-Vulnerable narcissism

Overt narcissism

NPD Symptom expression

NPD Personality Structure

Defense mechanisms

### Understanding Borderline Personality Disorder

Borderline PD- part 1

Borderline PD- part 2

Borderline PD and gender

BPD Symptom expression

The shame spiral

Motivating factors of BPD

Challenges and defense mechanisms

What happens next

Conclusion

Bibliography