Course: navigating narcissism with schema therapy

Address: https://asadis.net/en/course/navigating-narcissism-schema-therapy/

Duration: 6h

Type of course: Continuing education

Location: Online course

Individual price: $200.00

Overview:
Navigating the complexities of narcissistic clients can be as fascinating as it is demanding. These individuals often present as intelligent, charismatic and brimming with self-confidence. However, their demeanor can quickly shift to self-absorption, arrogance and a lack of empathy, challenging even the most seasoned clinicians. Their sense of entitlement and condescending attitudes make therapeutic engagement a delicate balance.

This workshop, led by Dr Wendy Behary, psychologist with 25+ years of experience, offers a transformative approach to working with such clients. Delve into advanced clinical techniques designed to establish a firm, empathetic foundation for setting necessary boundaries and holding narcissistic individuals accountable. Through a focus on schema therapy complemented by diverse strategies, you'll gain a comprehensive toolkit for treating narcissism and Narcissistic Personality Disorder (NPD).

You'll also explore the integration of interpersonal neurobiology principles into your practice. This will enhance your understanding of your client's unique schemas and modes, offering deeper insights into their behavior. Additionally, the workshop emphasizes the importance of self-reflection and personal development. By recognizing and managing your own triggers, you can avoid intense reactions and maintain a therapeutic stance that benefits both you and your client.

Learning objectives:
1. Use schema theory and schema mode work with narcissistic clients
2. Integrate concepts from interpersonal neurobiology for accelerating treatment effectiveness
3. Identify your client’s personal schemas and modes
4. Use self-work to bypass intense reactions linked to personal triggers activated by the narcissist

Learning material:
This workshop includes theory as well as clinical examples. It includes videos ranging from 5-15 minutes in length. The PowerPoint of the workshop can be downloaded.

Audience: This training is intended for mental health professionals.

The expert
With 25+ years of professional experience and advanced level certifications, Wendy Behary is the founder and director of The Cognitive Therapy Center of New Jersey and The Schema Therapy Institutes of NJ-NYC-DC. She has been treating clients, training professionals and supervising psychotherapists for more than 25 years.

Wendy was on the faculty of the Cognitive Therapy Center and Schema Therapy Institute of New York (until the Institutes merged in 2012), where she trained and worked with Dr. Jeffrey Young since 1989. She is a founding fellow and consulting supervisor for The Academy of Cognitive Therapy

(Aaron T. Beck's Institute). Wendy served as the President of the Executive Board of the International Society of Schema Therapy (ISST) from 2010-2014 and served as the Training and Certification Coordinator for the ISST Executive Board from 2008-2010. She is currently the chair of the Schema Therapy Development Programs Sub-Committee for the ISST.

Wendy Behary has co-authored several chapters and articles on Schema Therapy and Cognitive Therapy. She is the author of an international bestselling book, "Disarming the Narcissist..." translated in 16 languages. The Third Edition was recently released and was selected by Oprah Daily as one of the top books on the subject of Narcissism. Wendy has a specialty in treating narcissists and the people who live with and deal with them. As an author and subject matter expert on narcissism, she is a contributing chapter author of several chapters on schema therapy for narcissism for professional readers. She lectures both nationally and internationally to professional and general audiences on schema therapy, narcissism, interpersonal relationships, anger, and dealing with difficult people. She receives consistent high praise for her clear and articulate teaching style and her ability to bring the therapy to life through dramatic demonstrations of client interactions in the treatment room.

Her work industry business speaking engagements focus on interpersonal conflict resolution. Her private practice is primarily devoted to treating narcissists, partners/people dealing with them, and couples experiencing relationship problems.

Syllabus
PowerPoint
A parallel process
When triggered by the narcissist

Narcissism modes
Early maladaptive schemas (part 1)
Early maladaptive schemas (part 2)
Answers to audience's questions
Origins of Narcissism
Answers to audience's questions
Four types of schemas
Descriptions of the schemas
Schemas in Narcissism
Narcissism in relationships
Intimate relationships
Some obstacles in treating Narcissism
Answers to audience's questions
Meeting core needs
Fortify terapy relationship
Answers to audience's questions
Empathic confrontation
Working with the detached mode
Still face experiment
Answers to audience's questions
Therapy for Narcissism
Photos and audio flashcards
Narcissists parents
Audio flashcards
Goals of therapy for Narcissism in mode terms
Progression of therapy (part 1)
Progression of therapy (part 2)
Answers to audience's questions
Introduction to video demonstration
Video demonstration
Answers to audience's questions
Conclusion

Evaluation:
To validate the achievement of the learning objectives, a final evaluation in the form of true/false questions is required. It must be completed in order to obtain the certificate of completion.
In addition, an optional self-assessment is offered at the beginning and end of the course, allowing you to measure your progress on the targeted skills.
These evaluations are not graded and are intended primarily to support your professional reflection.

Access timeline: Once registration is confirmed, you (or the learner) may start the training at any time,

independently and at your own pace. You can access the training for as long as Asadis as the legal right to diffuse it (typically 10 years).

Questions? Feel free to contact us at *contact@asadis.net*