Course: best practices for integrating psychedelic medicines into psychotherapy

Address: https://asadis.net/en/course/integrating-psychedelic-medicines-into-mental-health-care-principles-and-best-practices/

Duration: 3h

Type of course: Continuing education

Location: Online course

Individual price: $120.00

Overview:
The last thirty years of pharmaceutical research have been underwhelming, showing only slight improvements, low effectiveness, high rates of relapse and significant side effects. In contrast, psychedelic-assisted psychotherapies are at the forefront of numerous high-quality studies, yielding very promising results and low side effects.

This immersive online course provides mental health professionals with foundational knowledge and practical skills for psychedelic harm reduction and integration therapies focused on patient safety, ethical care, and optimal outcomes.

Through interactive video lessons, case studies, and downloadable resources, you will learn protocols and best practices for therapies utilizing psilocybin, MDMA, and ketamine. Course modules define mechanisms of action, recent clinical research, traditional ceremonial uses, principles of psychedelic harm reduction, techniques for helping clients prepare for sessions, integration methods for lasting benefits, and recommendations for advancing the field.

Clinicians completing this course can knowledgeably advise prospective patients on benefits versus risks and screen for contraindications. By internalizing ethical questions around treatment planning, informed consent, scope of practice, and more through real-world examples, therapists can confidently offer psychedelic harm reduction and integration therapies aligned with patient values and professional codes of conduct.

As access expands, professionals with expertise in these innovative interventions will be uniquely equipped to provide inclusive, specialized support to help individuals overcome PTSD, depression, end-of-life distress, and more. Enroll now to bring psychedelic care into your practice skillfully!

Lastly, a clarification: this course does not endorse the use of illegal drugs in clinical practice. Instead, it focuses on expanding our understanding of substances that many of our clients are already using and preparing for the emergence of a new field of practice, as many of these substances may become legal in the future.

Learning objectives:

1. Define key terminology related to psychedelic medicines, including mechanisms of action for psychedelics, entheogens, empathogens, and psychoplastogens.
2. Assess the benefits and risks of psilocybin, MDMA, and ketamine-assisted therapies.
3. Apply preparation, intention setting, and integration techniques to provide psychedelic harm reduction aligned with ethical guidelines and scope of practice.
4. Examine strategies to improve access, education, and service quality of psychedelic-assisted therapies for patients and clinicians.

Learning material:

A theoretical course illustrated with clinical examples. This course is composed of videos of 5 to 15 minutes each. The PowerPoint of the course to download.

Audience: This training is intended for mental health professionals.

The expert

Dr. Peter Addy, psychotherapist, is a licensed professional counselor who provides psychedelic integration and harm reduction therapy at his private practice while training psilocybin facilitators in Oregon’s approved program. After conducting psychedelic research at Yale School of Medicine and co-founding the Yale Psychedelic Science Group, he transitioned into clinical practice. Grounding his work in principles of harm reduction and transpersonal psychology, Dr. Addy skillfully supports clients who use psychedelics. His therapy and teaching approach encourages dismantling systems of oppression and inspiring radical compassion. Passionate about equitable access, he wants to empower all people to explore their inner worlds safely.

Syllabus

PowerPoint
Presentation
Psychedelics Introduction
Definition of Key Terms
What are Psychedelics
Background on Psychedelic Renaissance
Legal Status and Access in Canada

Promising Clinical Applications
Psilocybin Recent Clinical Research
MDMA Recently Completed Research
Ketamine Recent Clinical Research
Indigenous Use- How they Work in Culture
Principles of Psychedelic Harm Reduction
Relative and Specific Risks
Preparation and Intention Setting
What is transpersonal psychology
How Does Spirituality Function within your Client
Intention Setting
Integration Techniques
Evidence-Based Clinical Skills for Better Treatment
Considerations for your Practice
The Different Roles
Ethical Considerations
Real Life Clinical Case Example 1
Real Life Clinical Case Example 2
Real Life Clinical Case Example 3
Future Directions
Conclusion

Evaluation:
To validate the achievement of the learning objectives, a final evaluation in the form of true/false questions is required. It must be completed in order to obtain the certificate of completion.
In addition, an optional self-assessment is offered at the beginning and end of the course, allowing you to measure your progress on the targeted skills.
These evaluations are not graded and are intended primarily to support your professional reflection.

Access timeline: Once registration is confirmed, you (or the learner) may start the training at any time, independently and at your own pace. You can access the training for as long as Asadis as the legal right to diffuse it (typically 10 years).

Questions? Feel free to contact us at *contact@asadis.net*