

Course: beyond verbal disclosure: identifying trauma in voice and body

Address: <https://asadis.net/en/course/beyond-verbal-disclosure-identifying-trauma-in-voice-and-body/>

Duration: 2h30

Type of course: Continuing education

Location: Online course

Individual price: \$96.00

Overview:

Learning objectives:

1. Identify verbal and nonverbal communication patterns commonly seen in trauma survivors, including paralinguistic markers
2. Analyze the role of humor and other coping strategies in trauma narratives
3. Assess the impact of the therapist's affect on the processing of trauma narratives and therapeutic outcomes

Learning material:

Un cours théorique illustré par des exemples cliniques. Ce cours est composé de vidéos de 5 à 15 minutes chacune. Le PowerPoint de la formation à télécharger.

Audience: Cette formation s'adresse à tous les professionnels experts de la santé mentale.

The expert

Corey Petersen, PhD, LCMFT is a clinical psychotherapist, educator, and owner of Communication and Connection Therapy. She earned her Ph.D. in Communication Studies from the University of Kansas, where her research centered on psychotherapeutic language and communication ethics. In addition to her doctorate, Dr. Petersen holds dual Master's degrees in Marriage and Family Therapy and Professional

Communication, reflecting her unique integration of psychological and communication sciences. With over nine years of collegiate teaching experience in communication and psychology, Dr. Petersen brings both academic rigor and real-world insight to her work. She is a published researcher and sought-after continuing education and corporate trainer, known for bridging research, theory, and clinical practice in accessible, engaging ways that help professionals communicate and connect more effectively.

Syllabus

PowerPoint

Introduction

The Basics: Communication Styles, Patterns, and Theory

Communication Theory

Communication Styles

Communication Patterns

Language, Meaning, and Culture

Trauma's Impact on Communication

How Trauma Shapes Communication and Perception

The Limits of Talking about Trauma

Autonomic Expression and Suppression

Linguistic Numbing and Dissociation

Paralinguistic Trauma Markers

Paralinguistic Indicators of Trauma

Auditory Overwhelm and Pitch

Disfluencies and Repetition as Data

Speechless Terror and Silence as Containment

Nonverbal Behavior Trauma Markers

Universal Facial Expression and Nonverbal Behavior Trauma Markers

Nonverbal Body Behavior

Linguistic Shifts- Humor and Coping

Linguistic Shifts and Displacement

“Good Client” Politeness and Minimization

Therapist Attunement in Trauma Processing

Therapist Affect

Embodied Witnessing

Affective Co-Regulation and Building Affective Competence

Active Listening

Affect Presence and Culture

Repair and Reconnection

Assessing Trauma Cues

Ethics in Trauma Practice

Conclusion

Bibliography

Evaluation:

To validate the achievement of the learning objectives, a final evaluation in the form of true/false questions is required. It must be completed in order to obtain the certificate of completion.

In addition, an optional self-assessment is offered at the beginning and end of the course, allowing you to measure your progress on the targeted skills.

These evaluations are not graded and are intended primarily to support your professional reflection.

Access timeline: Once registration is confirmed, you (or the learner) may start the training at any time, independently and at your own pace. You can access the training for as long as Asadis has the legal right to diffuse it (typically 10 years).

Accessibility support: This training is offered as a pre-recorded video format, without subtitles. If you have a disability, we can provide an adapted alternative (technical assistance for viewing or individual supervision). For any request, please contact our disability coordinator at the following address: contact@asadis.net

Questions? Feel free to contact us at contact@asadis.net